

How to find out stuff in Tsukuba City

Useful resources and personal advice from one foreigner to another

This pamphlet was written by one foreigner, with a little help from her friends. I wanted to help newcomers get acquainted with the excellent information resources in the city as quickly as possible, so this pamphlet is mostly about where to *get* information. It is specific to the Tsukuba area, and it pretty much ignores the enormous number of resources in Tokyo and/or nationally; however, *you* shouldn't!

There isn't much here about automobiles or children, because I was car-less and child-less in Tsukuba. Maybe somebody will add this. Please send any corrections or additions by email: eob@post.harvard.edu

Eleanor Olds Batchelder • April 27, 2001

Key to this pamphlet:

Phone numbers are 0298-xx-xxxx unless otherwise stated.

Holidays: Everything in Japan tends to close in the period 12/28 to 1/4, so those are not noted here, but other holidays are. Always call ahead during that Year-End/Year-Beginning time.

Language codes: [E]nglish, [J]apanese, [B]engali, [C]hinese, [F]rench, [G]erman, [I]talian, [K]orean, [Pe]rsian, [P]ortuguese, [R]ussian, [S]panish, [T]agalog, [Th]ai.

[E/J] (with a slash mark) means two versions, one in English and one in Japanese, while [EJ] (no slash) means bilingual (same source handles both).

CONTENTS

BEST INFORMATION SOURCES		Books	p. 3
Welcome Packet and City Hall(s)	p. 1	Buses and Trains	3
Tsukuba Information Center (TsIC)	1	Children	3
TAIRA List	1	Churches	4
Tsukuba Central Public Library	2	Language Study	4
Handbooks, directories, etc.	2	Legal Information	4
Newsletters	2	Maps and Using Them	4
TOPICS (ALPHABETICAL)		Medical Information	4
Activities and Groups	p. 2	Shopping	4
Bicycles	3	Sightseeing	4

BEST INFORMATION SOURCES

Welcome Packet and City Hall(s)

When you apply for your alien registration card at the Sakura City Hall, you should receive a large envelope filled with useful booklets. If you are a short-term visitor (less than three months) and therefore don't need to register, you can get one anyway, from the TsIC (see below), or from:

- Tsukuba City International Affairs Office at the Sakura City Hall (on the main floor, to your right as you enter). Chinese speakers can consult with Mrs. Baika Hiyaoka during morning hours, and Mrs. Alice Wu from 9:00-3:45; some other staff members speak English. Tel: 57-3132 [EJC], email: kkoryu@intio.or.jp
- All the City Halls are open 8:30-5:15. Tel: 36-1111. Web: <http://www.city.tsukuba.ibaraki.jp/english>

Tsukuba Information Center (TsIC)

TsIC is not a tourist center, but is there to help new residents, both foreign and Japanese. The staff there includes two fluent English speakers. They have a lot of information about resources in Tsukuba, but you may have to be assertive and ask questions. On the plaza above the central bus terminal, next to Nova Hall. Open 10-5, seven days a week. Tel: 52-6789 [JEI], email: www@info-tsukuba.org Web: <http://www.@info-tsukuba.org/english>

- Short videos (3-5 minutes) about life in Tsukuba [E/K/C/S/F]
- Classes in Japanese language and traditional arts, and a number of social activities; ask for the current schedule [EJ].
- Bulletin board for language lessons, goods for sale, etc.
- Daily newspapers and a couch to sit on while you read them.
- Public telephone in a quiet indoor space.
- Lending library of books [EJ].
- Help with language problems, such as reading the Japanese yellow pages, making phone calls in Japanese to get information, etc.

TAIRA List

TAIRA is an email list for the foreign community in Tsukuba to exchange information about life in Japan. (The home page may say "for researchers," but pay no attention.) Even before you arrive, subscribe to it (email to majordomo@eve.bk.tsukuba.ac.jp with 'subscribe TAIRA' in the message body). You'll receive 5-10 messages a day on a variety of subjects, at least some of which are likely to be useful and interesting to you. It is the best place to ask for whatever specific information you need: Where to buy large-size ski boots? How can I see Japanese in my computer? Where can I find a piano teacher who speaks English? Often has announcements of local events, and cars and household furnishings for sale ("sayonara sales"), sometimes very cheaply. Most messages are in English, but members are from all over the world; if you send a message in your own language, probably people will respond (have to use the Roman alphabet, however).

- TAIRA archives: All of the messages on TAIRA are stored for future reference (thanks to Tadashi Takemori!). So, before asking a question of the whole list, try a

fast keyword search of the archives at <http://eve.bk.tsukuba.ac.jp/taira/tairatools.html>

- There are other mailing lists for more specialized communities. See the TAIRA Community Page at <http://takechan.kiso.tsukuba.ac.jp>. These groups and their contact points change, as people come and go, so ask in your workplace, post a query on TAIRA list, or start one yourself!

Tsukuba Central Public Library

In the “Ars” (*a-ru-su*) building, just south of Tsukuba Center, accessible from the upper or the street level. Stop at the desk and ask for the Guide pamphlet [J/E/C/K], then head for the foreign books section (to the back and right). A good selection [E/C/F/G/I/?/K/P/R/S] of general fiction and nonfiction, including many books on Japanese life, culture, travel, etc., and travel guides for foreign countries, and some maps of Japan and Tsukuba in English.

- Children’s books in various languages.
- An assortment of back issues of *Alien Times* (1992-94 and 1998-2000)
- Magazines [E/C/F/G/K/S] and newspapers (*New York Times*, *Japan Times*, *Asahi English News*, *Daily Yomiuri*)
- Music CDs and cassettes, and videos [mostly J]

Additional points:

- Residents can get a borrower’s card quickly.
- Online catalog [J] (<http://www2.library.ne.jp/tsukuba/search.htm>) is a little hard to use, but try typing the author or title of a foreign-language book in capital letters.
- Interlibrary loan service is available.
- Three local branches, where material can be requested and returned, and bookmobiles.
- There is sometimes an English-speaking volunteer on duty on the weekends, and volunteers speaking other languages are available by prearrangement.
- In the same building is a small art museum, with changing exhibits, and pamphlets about galleries and museums in the wider Ibaraki area. Meeting rooms upstairs can be rented.

Open: Tu-Fr 9:30-7:00; Sa-Su 9:30-5:00; closed Mo and various other days—get a current calendar when you visit. It may be buried in a Japanese flyer, so ask (*karendaa*). Tel: 56-4311 [J] Web: <http://www2.library.ne.jp/tsukuba/mainl.htm>

Handbooks, directories, etc.

Some of these will be in your “Welcome Packet” (see above). Others can be found at the TsIC, the City Halls, and here and there.

- *My Town Tsukuba* [E/J, A4-size foldout, 2000]. Absolutely indispensable city street map on one side, which shows the many bike/walking paths as well as the streets and highways, and then descriptive info on the other side. The name of this publication may change from time to time, so ask for “city map.”
- *Tsukuba City Handbook* [E, A4-size pamphlet, 1999]. History, etc.
- *Living in Tsukuba* [EJ, A5 size, approx. 100 pp, 2001], International Div, Tsukuba City Office. Daily life (phones, schools, garbage, etc.).
- *Guidebook for Foreign Residents of Ibaraki* [J+E/C/F/P/T/Th, A5 size, 141 pp, 1999], Ibaraki Prefecture International Affairs Division. Duplicates *Living in Tsukuba* to some extent, but has other useful information, too.

- *Tsuchiura / Tsukuba* [JE, A4 size, 23 pages] A good sightseeing guide for the local area, from the Tsuchiura-Tsukuba Convention Bureau. Descriptions are keyed to maps in the back. Prices and hours are only in Japanese, but you can perhaps decipher them numbers—look for the paragraphs printed in red.
- *Tsukuba Convention City, Facilities Guide* [E/J, A5 size, 287 pp, 2000]. Mostly business-oriented, but has a good section on things to see and do, and a listing of shops. Several copies in Central Library English section (291.3).
- *Townpage English Telephone Directory, East Japan* [E]. A “yellow pages” in English, issued periodically, free from the NTT local office. Most listings are for places in Tokyo, but it may nevertheless be useful.
- Workplace resources: Find out what they offer at your workplace for orientation and support services. Ask for what you need. AIST-affiliated researchers, see <http://www.aist.go.jp/AIHomepage>.
- On the Web, a collection of Tsukuba links is under “Livetalk links” at <http://takechan.kiso.tsukuba.ac.jp>, in the section called “Tsukuba.” Somewhat outdated but perhaps useful is <http://tsukuba-diverse.webhop.net>

Newsletters

- *Alien Times* [E]: By and for foreigners in Tsukuba. Necessary. Some back issues can be seen at the Library and TsIC. Tel: 55-1907 [EJ]
- *Tsukuba Newsletter* [E]: Events and service announcements, concert hall schedules etc. From Tsukuba City International Affairs Office. Tel: 57-3132 [EJC]. Back issues at <http://www.city.tsukuba.ibaraki.jp/english/news/back.htm>
- *Ibaraki Report* [ECPJ]: From Mito (Ibaraki Intl Assoc + Ibaraki Ken), so less relevant to life in Tsukuba, but has some general information and features. Tel: 029-301-2857 [JE].
- *Joyo Living* [常陽リビング] [J]: A weekly newspaper for the Tsukuba/Tsuchiura area, with a lot of information about local activities, etc., but all in Japanese. Just thought you should know it exists.

TOPICS (ALPHABETICAL)

Activities and Groups

For relaxation, meeting people, improving yourself, or just killing time...

Groups aimed at foreigners and/or in English:

- Ibaraki Hash House Harriers, “community jogging/beer drinking club.” Web: <http://redrival.com/ibaraki3/>
- ITC (International Training & Communication) meets 2nd Tue. afternoon of the month to prepare and give speeches in English. Email: IHMelissa@aol.com
- RVC (“Russian Vodka Ceremony”) football club “plays soccer almost every Sunday afternoon at the NIRE pitch, on Nishihoodori.” Email: carninci@rtc.riken.go.jp
- TsIC sponsors informal gatherings; see above.

- Tsukuba Toastmaster's Club [EJ], phone Suzuki at 53-8201 or email garden@intio.or.jp
- Tsukuba Walking and Mountaineering Club (TWMC) organizes hikes on weekends. Web: <http://eve.bk.tsukuba.ac.jp/twmc>

In addition, check the TAIRA Community Page and TAIRA list for new groups forming (or start one!).

Groups which are largely for, and in, Japanese:

No one keeps a list of these, but here are some types that I know exist, to fire your imagination. When you decide what you want, ask at the TsIC, ask at your workplace, ask!

- Dance: square dance, folk dance, social dance, ballet, flamenco, etc.
- Music: orchestra, choir, piano, drum/taiko.
- Lessons: Ikebana, kimono, tea ceremony, shamisen, etc.
- Sports: see *Alien Times* 4/94; check “pool” and “gym” in the TAIRA Archives. The various universities may have facilities that are open to outsiders, but information is mostly in Japanese; you will need to be resourceful.

Spectator events:

- Concerts and performances at Nova Hall and Capio Hall. Pick up flyers in their lobbies [J]. English listings for the current month in *Tsukuba Newsletter*.
- Movies: Top floor of Seibu Department Store. Also Cineplex 8 Tsukuba, in Tsukuba You World on Route 354 between Higashi and Nishi Ôdôris, www.cineplex.co.jp/tsukuba/tsukuba.html [JE].

Bars and restaurants with English language and/or foreign clientele: See ads in *Alien Times* (plus a feature in Summer '00 issue) and notices on TAIRA List.

Bicycles

- If you have a good bicycle, register it. (My registered bike was stolen, and recovered by the police six months later.) Bikes are sometimes stolen even from apartment bike-shelters.
- For safety, use the 100-yen-a-day bike garage near the bus terminal. If you tell them you'll be late, you can pick it up even after closing time. This late-pickup arrangement is not absolutely secure, but thefts are rare.
- The City of Tsukuba rents bicycles for free at six locations around town. Ask at TsIC for more information.

Books to Borrow or Buy

Libraries:

- Tsukuba Central Library, see above.
- Three local universities have libraries that are more or less accessible to the public: U. of Tsukuba, Tsukuba Women's U., and U. of Library and Information Science. They all have online catalogs accessible via the Internet.
- Techno-Growth House in AIST has a lending library (<http://www.aist.go.jp/TGHhomepage/library>). Check at your own workplace.

- The Tsukuba Christian Center (just west of Daiei) has a large collection of books that you can borrow freely, or donate yours; also family-type videos. Call Tim at 55-1907 [EJ]. Also, informal lending libraries with English books at TsIC and the bar/restaurant Chicago.

Bookstores with English books: Most new and used booksellers in Tsukuba have at least a shelf or two of foreign-language books. For a bit more, try: • Maruzen Bookstore, above the University of Tsukuba post office, sells at about a 10% discount and will special-order almost any book for you at no extra charge. Tel: 58-0409 [J]. • Seibu Department Store (5th floor). • Book Land (northeast of Daiei).

- Internet booksellers will ship to Japan, either fast/expensive or slow/cheap, and may be cheaper than buying imported books locally. Also try <http://amazon.co.jp>—be sure to select 着 on each (!) search for foreign books.

Buses and Trains

- Pass up the *Bilingual Transportation Map*, and get the free *Kanto-Tetsudo Bus Route Map* (EJ, 2000), and the accompanying 4-page list of bus routes, free at the Center Bus Terminal and TsIC. The bus-number system is new and not yet fully implemented, so be aware that in some buses the signs may not be visible (propped in lower part of front window), and most posted schedules and maps still have no numbers. Tsukuba Center bus terminal office is open seven days a week, 8:30-7:00 M-F, 9:00-7:00 SaSuHol. Tel: 52-5666 [J+ “a little” E]
- There are free “welfare buses” that make a circuit of the various city office branches about 8 times a day, and anyone can use them for their own purposes. See English schedule in *Tsukuba Newsletter* (11/00, page 7), and get a map [J] at TsIC or City Hall.
- Highway buses from Tsukuba Center to Narita (make advance reservations, Tel: 52-5666) and Haneda airports, to Tokyo and Mito, and between Tokyo and Tsukuba-san. Buy strips of 5 tickets for a 16% savings.
- JR trains: Friend Nathalie recommends the *toku-toku* ticket, which combines a round trip to Tokyo and 1-2 days free use of the Yamanote and Sobu/Chuo (between Shinjuku and Ryogoku) lines in Tokyo, all for less than the regular round-trip fare. Inquire at your local station, or the JR office in the Center Bus Terminal. Tel: 58-4458 [J]. M-F 10-6, Sa 10-5.
- General cautions: If you plan to travel early or late, check the first/last trip times (nothing runs all night in Japan). Also, beware of bus and train schedule changes over New Year's—not just the “holiday” schedule, but a completely different one.

Children

- Get *Mother and Child Health Booklet* [E/P/T] from your nearest Health Center (*hoken sentaa*), located next door to each City Hall. Tel: 36-1111. They also have a booklet on free immunizations and health checkups [E/J/C].
- See *Alien Times'* sections on education (3/93) and kindergartens (6/94).

- Tsukuba Mommies' Network. an international group that plans informal activities for mothers and preschool kids. Ask for current contact info at TsIC.
- Tsukuba International School, grades 1-6. Tel: 47-0330 [JE]. Web: <http://www.ne.jp/asahi/tsukuba-international-school/ibaraki.japan>

Churches

For a listing of local religious activities in English, see *Alien Times*.

Language Study

- Japanese conversation classes at Capio Hall, by Tsukuba Cultural Foundation, 1-10-1 Takezono. Tel: 56-7007, email: class@tsukubacity.or.jp
- TsIC sponsors several levels of Japanese classes.
- Japanese lessons by Rainbow Club (*niji no kai*, or “the Ichinoya language class”) are mostly for people affiliated with Tsukuba University, but sometimes accept others. Mrs. Ogawa, Tel: 74-0537 [JE].
- Private teachers of various languages post notices at TsIC, as well as individuals looking for language exchange partners.
- Check at your workplace to see if they sponsor in-house Japanese classes.
- While you are learning, don't be afraid to try to communicate any way you can. Use pidgin language and gesture. You'd be surprised how unnecessary words can be sometimes! (And this from a linguist...)

Legal Information

Consult in person or by phone at the Ibaraki International Association, Mito. Tel: 029-244-3811 [E/J/P/C/Th/T/(Pe)/S], 9-4:30. “Legal, labor, residency, marriage, and general life problems. Free and confidential, with interpreter.”

Maps and Using Them

The best city map is available free [J/E] at TsIC, and also ask for their good large map of Ibaraki Prefecture. Others [J] are for sale in bookstores.

- Be sure to get the “Index to Tsukuba Addresses,” by this author, to make the free city map even handier. And an index of the areas in Ibaraki, too.

Street names: Be warned that most streets in Tsukuba are unnamed, a continuing inconvenience. In addition, the few named roads tend to have several names: “Noda Sen” = Route 354; “Ushiku-Gakuen Sen” = the north-south section of Route 408 just west of Tsukuba. Some road names are optionally preceded by “Gakuen” (Gakuen Higashi Ôdôri = just plain Higashi Ôdôri). Also, major roads in this area are called *sen* in Japanese, although elsewhere *sen* is usually reserved for train lines.

Getting lost: Because of the lack of street names, and because neither houses nor lampposts display addresses (as elsewhere in Japan), it is a necessary local custom to use commercial landmarks (“turn left at Cocos”). Unfortunately, these are not marked on the maps. The locations (*banchi* names) displayed at major intersections are often unclear as to which of the four corners of the intersection the name refers to. Look for the very nice local area maps on signboards at some corners,

which are useful if you are not headed in a direction “off the map,” so to speak. In general, plan on getting lost the first time you go anywhere! However, Tsukuba is not that large, so you will soon get to know most of it, and it is generally a beautiful place to be lost in.

Medical Information

- *Medical Handbook* [J+E/C/P/Th/T] at City Halls and Health Centers.
- Health counseling and free HIV testing at the Ibaraki Public Health Service Center, Matsushiro 4-27. First and third Mondays of the month [E], or second and fourth [Th], 1-5 p.m. Tel: 51-4920.
- Schedule of emergency medical service (rotated among local doctors) is printed in English each month in *Tsukuba Newsletter*.

Shopping

Household furnishings, appliances, etc.:

- TAIRA List announces many sayonara sales.
- Department stores: Seibu, Jusco, and Daiei in the Center; Joyful Honda (Arakawaoki).
- 100-yen shops are great for lots of little stuff. A friend says, “One of the best is a Daiso store on Route 354 straight out from the south exit of the AIST institute area.” Look for others in your neighborhood.
- Recycle shops: There are a quite a few in Tsukuba, not sooo cheap, but better than buying new. Look under “*risaikuru*” in the local yellow pages, and check the TAIRA archives.
- “Big garbage” (*sodai-gomi*): Cheapest of all is the do-it-yourself recycle. Find out your area's pickup day (twice a month) and go around the night before or early in the morning. You'll be amazed what people throw away!

Daily necessities:

- Ask your neighbors where they get their groceries. If possible, check before you commit to a place to live, as some locations are rather inconvenient to any markets.
- In Tsukuba, as in all of Japan, convenience stores (*conbini*) are open all the time and sell many different kinds of things; get acquainted with them.

Sightseeing

- For trips near Tsukuba and throughout Ibaraki, visit the Tsukuba City Tourist Center, 2nd floor of the bus terminal building. M-F 10-5, Sa 10-12; closed Su, hols. Tel: 55-8155 [JE], email: i-center@intio.or.jp. They have a sightseeing guide to Tsuchiura and Tsukuba, *T-Walk Guide Map* [EJ].
- For annual local events, see *Alien Times* (and back issues at the Library and TsIC). Try looking up “festival,” “onsen,” “sightseeing” on the TAIRA archives, or post a query on TAIRA List.